

Santa Cruz

NATURE HOUSE

gym
REGULATION
ANNEX I



The use of the gym and its equipment is exclusively reserved to guests.

GYM SCHEDULE

8H00 - 20H00

- I. The use of appropriate training clothing and shoes is mandatory;
 - II. The guest must use a training towel;
 - III. All the equipment used (mattresses, elastics, balls, etc.) must be stored in its place after use;
 - IV. The use of the equipment must be done in a responsible timing, so that other guests can also use them;
 - V. After using any machine or equipment, the guest must clean the material that was used;
 - VI. Photographs or videos are forbidden without the consent of other guests;
 - VII. Food consumption is not allowed inside the gym;
 - VIII. Glass bottles or other glass containers are not allowed inside the gym;
 - IX. We recommend that the guest maintains a quiet atmosphere as much as possible;
 - X. Minors under the age of 16 are not allowed to use the gym without the supervision of a responsible adult;
 - XI. If the guest does not comply to the rules, equipment instructions or staff supervision, he is totally responsible for the way that he uses materials, devices or other equipment;
 - XII. The use of materials unknown to the gym is forbidden unless a staff member of Santa Cruz | Movement & Nature House is present.
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The Movement & Nature House guarantees the gym's hygienization and the cleaning process may occur during functioning hours;

These regulations were designed to maintain a pleasant and safe environment. Its violation may lead in a limitation in the use of the gym.



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